

# Full-time study programme

## Level 1 Certificate Health & Social Care

The Level 1 Certificate in Health and Social Care will develop the knowledge and awareness of the types of provision in the Health and Social Care sector. It includes the roles played by workers, from principles and values through to health and safety and working with others.

This qualification is designed for learners who want to explore careers in the care sector and gain a solid understanding of different care settings. It develops the knowledge, skills and confidence needed for employment or career progression, while allowing learners to tailor their studies through a broad choice of units. The course also supports the development of valuable transferable skills and provides a strong foundation for future roles across a wide range of care professions.

This course is suitable for anyone considering a career in health and/or social care with adults.

### You will cover the following topics:

- Understand the range of service provision and roles
- Introductory awareness of person-centred support
- Understand the principles and values
- Introductory awareness of equality and inclusion
- Awareness of protection and safeguarding
- Introduction to communication
- Introductory awareness of health and safety
- Introductory awareness of working with others
- Introductory awareness of the importance of healthy eating and drinking for adults
- Maths and English (if required).

### Course Details

**Delivery:**

Face-to-face. Maximum 12 students per class.

**Location:**

Nottingham city centre

**Duration:**

Three days a week. The course will last one academic year and take place during term time only.

**Start date:**

September

**Age requirements:**

You must be under 19 on 31 August and not in full-time education.

**Teaching and assessments:**

Coursework and oral questioning.



# Why Choose Access Training?

Access Training was founded in Nottingham in 1983, and is the independent training provider of choice in the East Midlands.

- We have an excellent record of progressing learners onto Apprenticeships or into employment
- We provide a comfortable, supportive learning environment
- We limit class sizes to a maximum of 12 students
- We provide food and kitchen facilities
- Discounted travel passes are available (depending on circumstances).



**We will provide you with a high level of guidance and support enabling you to achieve your potential.**



**100% Learner recommended rate**



**94% Learner success rate**



**1,000+ Learners supported every year**

## Frequently asked questions

Take a look at our [study programme brochure](#) to read our frequently asked questions and discover more about the courses we offer.

## How to apply

Contact our Engagement team and we will guide you through the application process.

**ENQUIRE NOW**



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